

# State of Connecticut

## GENERAL ASSEMBLY



Medical Assistance Program Oversight Council

Women and Children's Health Committee

Legislative Office Building, Room 3000, Hartford, CT 06106

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[www.cga.ct.gov/med/](http://www.cga.ct.gov/med/)

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Co-Chairs: Rep. Jillian Gilchrest & Amy D. Gagliardi

### MEETING AGENDA

Monday, September 12, 2022

9:30 AM via Zoom

The Women & Children's Health Committee is inviting you to a scheduled Zoom meeting.

Topic: Women & Children's Health Committee Zoom Meeting

Time: Sep 12, 2022 09:30 AM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/99208015548?pwd=S2tQODJiVFI3RVFhYnlaRVdVTFZsZz09>

Meeting ID: 992 0801 5548

Passcode: 783996

One tap mobile

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+1 309 205 3325 US

+1 386 347 5053 US

+1 564 217 2000 US

+1 669 444 9171 US

+1 669 900 6833 US (San Jose)

+1 719 359 4580 US

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

Meeting ID: 992 0801 5548

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Find your local number: <https://zoom.us/u/aeYWZfBmvX>

- I. Introductions**
- II. HUSKY OBP4P-** Fatmata William (DSS) and Bernadette D'Almeida (CHN CT)
- III. Access Mental Health for Mom-** Shelly Nolan, Director of Women's Services for the CT Department of Mental Health and Addiction Services (DMHAS) and Beth Garrigan, ACCESS Mental Health for Youth Program (Beacon)

#### **IV. Other Business, Announcements, and Meeting Adjournment**

**\*NOTE: Next Meeting: October 17, 2022 at 9:30 AM via Zoom**

**Shelly Nolan** acts as the Director of Women's Services for the CT Department of Mental Health and Addiction Services (DMHAS.) She oversees the women's specific continuum of care throughout the state including services targeted for pregnant and parenting individuals. She partners with other state agencies, the healthcare system and community partners to work through barriers specific to this unique demographic while implementing new initiatives and collaborative efforts to overcome challenges and mitigate the impact of stigma and healthcare inequity. She supports the direct on-site evaluation process to ensure contract compliance, strength of clinical service delivery and implementation of evidence-based practices, including trauma informed and gender responsive care with a focus on risk reduction strategies. She oversees the execution of several SAMHSA grant projects targeted at addressing the specific needs of women and families, LGBTQIA+ individuals, persons with Hoarding Disorder, reproductive health education and integration of peer support and recovery-based services. Prior to coming to DMHAS, Shelly has held a variety of direct service and leadership roles within the behavioral health system. She holds a M.S. degree in Counseling and is a CT Licensed Professional Counselor.

**Beth Garrigan** is a licensed professional counselor specializing in child and adolescent mental health. Her direct clinical experience ranges from outpatient therapy to intensive residential care, including several years working with children with autism spectrum disorder as well as youth with complex trauma. Beth joined Beacon Health Options in September 2007 and was promoted to oversee the implementation of the ACCESS Mental Health for Youth program in December 2013. For the past nine years, Beth has been a key leader in the success of Connecticut's pediatric psychiatric access program and is excited to continue her work with the launch of Connecticut's perinatal psychiatric access program, ACCESS Mental Health for Moms. Beth's passion for behavioral health and recovery is always paramount in her work.